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Construction trainees join together for Outward Bound

In June a group of apprentices from the construction sector were given a unique opportunity to share the life changing Outward Bound experience on two customised Outward Bound watches.

An initiative of the BETA group of ITO's (Built Environment Training Alliance), the objective of sending a group of construction apprentices on the 21 day Outward Bound course was to help develop young trades people into industry leaders for the future.

Three BCITO specialist trades apprentices were awarded BCITO scholarships to attend the course alongside 24 other apprentices from construction related industry training organisations. They joined three Registered Master Builders Carters 2006 Apprentice of the Year winners.

Hamish Furniss, a BCITO frame and truss apprentice from Place Makers in Hamilton said he arrived in Anakiwa not knowing what to expect but was blown away right from the beginning "When I arrived in Anakiwa I was a bit nervous and I didn't know what to expect. They welcomed us with a powhiri which was primo".



Hamish says he knows the skills he learnt on the course will help him in both his life and also in his workplace. "We learnt about self confidence and self belief, I know I can achieve a lot – the hardest part can be motivating myself to get going. Once I've done that the rest is easy."

Hamish also learnt about the value of constructive criticism "I learnt how to take feedback without it getting me down – now I know how to turn it to my advantage".

The course was also a lot of fun "I loved the day out sailing, the whole crew getting on together – it was an awesome experience and I would definitely come back to Outward Bound again if get the chance. I encourage others to give it a go if they get the opportunity".

Left: Hamish nails the abseil

BCITO apprentices Trevor Waaka from R&R Plasterers Ltd, and Gray Nelson from Construction Techniques Limited were also awarded BCITO scholarships to attend the course.

Mailing List Update

We are updating our mailing list. If you have not already responded, to keep receiving the monthly e-bulletin please click on the **Keep me Subscribed** link below and email us your details. This is your last chance to re-subscribe, from the July issue we will no longer send the e-bulletin to people who have not re-subscribed. We know everyone receives a lot of emails and we don't want to fill up your inbox unnecessarily.

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